Brindishe Federation Newsletter Friday 15th November 2024

The Bank of Things Christmas Appeal

The Bank Of Things is hosting a Christmas Gift Appeal 2024!

The Bank of Things are seeking donations for young people facing hardship. Donations can include gift cards, toiletries, skin care, chocolates, sweets, socks, scarves and gloves.

Please deliver donations to Unit 19, Lewisham Shopping Centre or contact <u>Hannah@lewishamlocal.com</u> to arrange a collection.

Free Cricket Sessions in Lewisham

Kent County Cricket, in collaboration with the charity Chance to Shine, is thrilled to announce free cricket sessions in the Lewisham area for young people aged 8-15. Designed to create accessible sporting opportunities for local communities, these sessions aim to foster a love for cricket while helping young participants build and develop essential skills. Currently, free cricket sessions are held at the Deptford Lounge every Tuesday - 5:00 to 6:00 p.m. **Why Free Cricket Matters for Lewisham**

Sport plays a transformative role in young people's lives, building confidence, discipline, and teamwork skills. However, the cost of equipment and access to facilities can often stand in the way of many eager children and teens who want to engage in organized sports. Kent County Cricket's partnership with Chance to Shine is breaking down these barriers.

What to Expect in the Sessions

Our sessions, led by experienced coaches, are carefully designed to provide top-quality cricket training. Every week, participants have the opportunity to learn fundamental cricket skills, from batting and bowling to fielding and teamwork. Whether they're complete beginners or experienced players, all are welcome, and each session focuses on skill-building, game strategies, and encouraging individual growth.

Getting Involved

These free sessions provide an invaluable resource to the community, giving young people the chance to stay active, learn new skills, and enjoy themselves after school. There is no cost to join; all you need is a love for the game and a willingness to participate.

If you have a child aged 8-15 in the Lewisham area who might be interested, head over to the Deptford Lounge on Mondays at 5:00 p.m. to join in or scan the QR code above.







Online Safety Bulletin

Whatsapp



You must be at least 13 years old to use WhatsApp. Did you know that you can lock chats as well as apply a secret code setting?

If a user locks a chat, then the chat will appear at the top under locked chats but cannot be viewed without your device password or biometric (face id/fingerprint). Furthermore though, a user can apply an additional setting to hide the locked chat (so it does not appear in their chat list and can only be accessed via the search bar).

Whilst this feature adds privacy, it can make it difficult to monitor what your child is doing on WhatsApp, which is why it is important to have regular chats with your child.

For more information on this matter, please take a few minutes to look at the website below: <u>https://www.internetmatters.org/resources/whatsapp-safety-a-how-to-guide-for-parents/</u>

Rights Respecting - Article of the Week

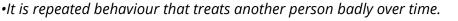
Anti-bullying Day is held each year in November and is a time for all of us to think about how we can develop positive relationships in school based on dignity and respect.

Article 2 (non-discrimination) - The Convention applies to every child without discrimination, whatever their ethnicity, gender, religion, language, abilities or any other status, whatever they think or say, whatever their family background.

Article 12 (respect for the views of the child) - Every child has the right to express their views, feelings and wishes in all matters affecting them, and to have their views considered and taken seriously. This right applies at all times, for example during immigration proceedings, housing decisions or the child's day-to-day home life. **Article 13 (freedom of expression)** - Every child must be free to express their thoughts and opinions and to access all kinds of information, as long as it is within the law.

Article 19 (protection from violence, abuse and neglect) - Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.

What different kinds of bullying can you think of?



•Behaviour that makes you feel unsafe and/or puts you down as a person.

•Physical – aggressive or violent, being pushed, hit, kicked, intimidated.

•Verbal – name-calling, threatening, being laughed at, teasing, being shouted at.

•Social – being purposefully excluded from plans with your 'friends'.

•Cyber bullying (online, on social media or gaming forums) – unkind comments, sharing photos with negative comments.

•Discrimination - against race, nationality, sexuality, faith or another protected characteristic.

Across Brindishe Schools this week we have all been marking anti-bullying day and celebrating diversity. Children have taken part in a wide range of activities and discussions inside of school which include recognising unsafe behaviours and discrimination.

Watch 'How to be a Lion' by Ed Vere - click image for link. Talk with your child at home as to why the other lions are bullying Leonard and how he deals with this. 'Some say words can't change the world. Leonard says, "If they make you think, maybe they can." Do you agree with Leonard?





Brindishe Schools Governing Body

Governing Body meetings are regular and meet every half term. Parents/carers are more than welcome to attend our meetings as 'observers'. If you would like to know more about the governing body or you would like to attend one of our meetings, please email Rachel Waite - *rawaite@brindisheschools.org. Our first meeting for 2024/2025 is Tuesday 10th December at Brindishe Green School - 6pm.*

Key Federation Dates

- INSET DAY Friday 29th November
- Christmas Holidays Monday 23rd December to Friday 3rd January
- INSET Day Monday 6th January Children back to school Tuesday 7th January